Autumn Kale Salad

- Prep Time: 10 minutes
- Cook Time: 20 minutes
- Total Time: 30 minutes
- Servings: 8

Ingredients:

- 4 cups diced butternut squash
- 1 teaspoon ground Stonemill Sea Salt Grinder
- 1/2 teaspoon Simply Nature Organic Ground Cinnamon
- 1/2 teaspoon Stonemill Ground Nutmeg*

Maple Cider Vinaigrette:

- 1/2 cup Simply Nature Organic Apple Cider Vinegar
- 1/4 cup Specially Selected 100% Pure Maple Syrup
- 1 teaspoon Burman's Dijon Mustard
- ground Stonemill Sea Salt Grinder, to taste
- Stonemill Ground Black Pepper, to taste
- 1/2 cup Carlini Pure Olive Oil

Directions:

- 1. Preheat oven to 425°.
- 2. In a medium bowl, combine butternut squash, salt, cinnamon and nutmeg. Place on a baking sheet and bake for 15-20 minutes. Transfer to a bowl and refrigerate.
- 3. For the maple cider vinaigrette: In a medium bowl, whisk together apple cider vinegar, maple syrup, mustard, salt and pepper. Slowly whisk in oil until emulsified.
- 4. In a large bowl, toss together all ingredients.
- 5. Serve in a large bowl garnished with extra toppings.



- 2 12-ounce bags Simply Nature Chopped Kale, stems removed
- 1 apple, cored and diced
- 1 cup Southern Grove Chopped Pecans, toasted
- 4 ounces Emporium Selection Feta Cheese Crumbles
- 1/2 cup sliced red onion

*These are Seasonal items that are only in stores for a limited time and may no longer be available.