Butternut Squash and Cranberry Chicken Meatloaf

Prep Time: 10 minutesCook Time: 30 minutesTotal Time: 40 minutes

• Servings: 8



Ingredients:

- 1 pound Kirkwood Chicken Breast
- 3/4 pound Kirkwood Boneless Skinless Chicken Thighs
- 5 ounces Southern Grove Dried Cranberries
- 1 cup Simply Nature Organic Baby Spinach
- 11/2 cups cooked Simply Nature Organic Quinoa
- 3/4 cup shredded butternut squash
- 1/4 cup chopped yellow onion
- 1 teaspoon Garlic powder
- 1/4 teaspoon Simply Nature Organic Ground Cayenne
- 11/2 teaspoons ground Stonemill Sea Salt Grinder
- 1/2 teaspoon ground Stonemill Black Pepper Grinder
- 1 Goldhen Large Egg
- 2 tablespoons Burman's Spicy Brown Mustard

Directions:

- 1. Preheat oven to 400°.
- 2. Add chicken breast to a food processor. Pulse until finely ground. Place in a large bowl and set aside. Repeat process with chicken thighs and cranberries; add to ground chicken breasts.
- 3. Add spinach, quinoa, butternut squash, onion, garlic, cayenne, salt, pepper and egg to the chicken and cranberries. Mix until just combined.
- 4. Place meat mixture on a baking sheet and form into a large loaf. Brush evenly with mustard.
- 5. Bake for 20-30 minutes or until internal temperature reaches 165°. Cover with foil and rest at room temperature for 5 minutes. Slice and serve.

Tip: Roll into meatballs and serve with pasta or as a party appetizer. Cook time will need to be reduced, which will vary, depending on the size of the meatballs.

