## **Chicken Stir Fry Noodles**

- Prep Time: 15 minutes
- Cook Time: 15 minutes
- Total Time: 30 minutes
- Servings: 4



## **Ingredients:**

- 1/2 pound Reggano Spaghetti
- 2 tablespoons Carlini Vegetable Oil, divided
- 1 package Season's Choice Steamable Asian Medley
- 3 Kirkwood Chicken Breasts
- 2 tablespoons Stonemill Minced Garlic in Water
- 2 tablespoons minced ginger
- 1 teaspoon Stonemill Crushed Red Pepper
- 1 tablespoon Burman's Soy Sauce
- 1/2 cup sliced green onion

## **Directions:**

- 1. Bring a large pot of water to a boil and cook spaghetti until just soft; drain and reserve.
- 2. Thaw Kirkwood chicken breast according to package directions, then pat dry. Heat 1 Tbsp. oil over medium heat and sear chicken on both sides until well browned and cooked to an internal temperature of 165°. Set aside to cool slightly.
- 3. Heat oil in a medium pan over medium-high heat.
- 4. Add garlic and ginger, cook until aromatic and garlic is slightly browned.
- 5. Add steamable veggies and cook until thawed and sauce is melted.
- 6. Cut cooked chicken breast into large cubes and toss into veggies and sauce.
- 7. Add spaghetti to pan, toss until fully incorporated.
- 8. In a small bowl, whisk together crushed red pepper and soy sauce. Add to noodle mixture and toss to combine. Top with green onions.

