

# Deconstructed Stuffed Pepper Bowls

## Ingredients:

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- 1 package Kirkwood Fresh Ground Turkey
- 1 jar Simply Nature Mild Salsa
- 1 package Tricolor Peppers (3 peppers)
- 1.5 cups Earthly Grains Instant Brown Rice

## Optional:

- Shredded cheese and/or sour cream
  - Avocado slices
  - Tortilla chips
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## Directions:

1. Prepare rice according to package instructions. (Two cups uncooked rice will yield 4 cups cooked.)
2. Chop bell peppers into bite-sized pieces.
3. Heat one tablespoon of oil in a non-stick skillet on medium-high heat and sauté peppers in pan for about 5 minutes. Add ground turkey to skillet and stir, breaking the meat up with a spatula or spoon, for about 6 minutes. Add jar of salsa to pan to stir. Allow to simmer for 5 minutes.
4. Serve over prepared rice.



Recipe Courtesy of:  
ALDI Test Kitchen