## Eight Spice Beef and Vegetables

- Prep Time: 15 minutes (plus 15 minutes to marinate)
- Cook Time: 20 minutes (plus 5 minutes to rest)
- Total Time: 55 minutes
- Servings: 4

## **Ingredients:**

- 1 teaspoon Stonemill Garlic Powder
- 1 teaspoon Stonemill Onion Powder
- 1 teaspoon Stonemill Chili Powder
- 1 teaspoon Stonemill Ground Cumin
- 1 teaspoon Stonemill Pumpkin Pie Spice\*
- 1 teaspoon Stonemill Crushed Red Pepper
- 1 teaspoon Stonemill Iodized Salt, plus additional to taste
- 1 teaspoon Stonemill Ground Black Pepper, plus additional to taste
- 1 cup Carlini Vegetable Oil, divided
- 1/2 cup Fusia Reduced Sodium Soy Sauce

- 16 ounces Black Angus Top Sirloin Steak
- 1 red pepper, sliced
- 1 red onion, sliced
- 1 pint mushrooms, sliced
- 1 cup chopped broccoli
- 1/2 cup Season's Choice Extra Fine Green Beans
- 4 cups cooked Earthly Grains Long Grain White Rice

\*These are Seasonal items that are only in stores for a limited time and may no longer be available.

## **Directions:**

- 1. Preheat grill to medium-high heat.
- 2. In a medium bowl, combine spices, <sup>3</sup>/<sub>4</sub> cup oil and soy sauce. Remove 3 tablespoons and reserve. Add steak and marinate for 15 minutes at room temperature.
- 3. Remove steak from marinade and grill for 3 minutes per side; let rest for 5 minutes. Slice into bite-sized pieces.
- 4. In a large skillet, heat remaining oil over medium-high heat. Add vegetables and reserved marinade, cook for 5 minutes. Toss in steak and cook for 2 minutes. Season to taste with salt and pepper.
- 5. Serve over white rice.



