

# Minty Leprechaun Shake

- Prep Time: 10 minutes
- Cook Time: N/A
- Total Time: 10 minutes
- Servings: 2



## Ingredients:

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- 1 banana, sliced and frozen
  - 1/2 cup Friendly Farms Vanilla Nonfat Greek Yogurt, frozen
  - 3/4 cup Friendly Farms Organic 2% Reduced Fat Milk
  - 1/4 teaspoon Stonemill Pure Peppermint Extract
  - 10-12 drops green food coloring
  - 1 mini bar Moser Roth Premium Dark Chocolate 70% Cocoa, broken
  - 1 individual packet Sweet Additions Stevia Calorie Free Sweetener
  - 1/4 cup Fit & Active Lite Whipped Topping
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## Directions:

1. In a blender, combine the banana, yogurt, milk, peppermint extract, food coloring, chocolate and stevia. Puree until smooth and serve.
2. Top with whipped topping.

**TIP: Transfer the yogurt to a resealable bag, then freeze overnight. You can then portion out the yogurt and the yogurt will slip right out of the bag when you need to place it in the blender.**



Recipe Courtesy of:  
ALDI Test Kitchen