

Morning Oasis Overnight Oats

- Prep Time: 10 minutes (plus overnight to set)
- Cook Time: 10 minutes
- Total Time: 20 minutes (plus overnight to set)
- Servings: 3



Ingredients:

- 1 1/2 cups Millville Quick Oats
 - 1 teaspoon Southern Grove Chia Seeds
 - 2 cups Friendly Farms Original Oatmilk
 - 1/8 teaspoon Stonemill Iodized Salt
 - 3 tablespoons Simply Nature Organic Wildflower Honey, divided
 - 1/4 cup Simply Nature Organic Quinoa, toasted
 - 1/4 cup Southern Grove Sliced Almonds, toasted
 - 1 mango, sliced
 - 1/4 cup chopped coconut
 - .45 ounces Moser Roth Premium Dark Chocolate 70% Cocoa, shaved
 - .45 ounces Moser Roth Premium Dark Chocolate 70% Cocoa, melted
-

Directions:

1. Preheat oven to 400°.
2. In a large Mason jar, combine the oats, chia seeds, oatmilk, salt and 2 tablespoons honey. Refrigerate overnight.
3. In a medium bowl, combine the quinoa, almonds and remaining 1 tablespoon honey. Spread onto a parchment-lined baking sheet. Bake for 10 minutes. Remove, cooling completely and crumbling. Store in a re-sealable bag.
4. The next day, stir and pour desired amount of oats into a serving bowl.
5. Top with mango, coconut, shaved chocolate and candied quinoa. Drizzle with melted chocolate.



Recipe Courtesy of:
ALDI Test Kitchen