Power Quinoa Salad with Parsley Pesto Vinaigrette

• Prep Time: 15 minutes

Cook Time: NA

• Total Time: 15 minutes

• Servings: 4



Ingredients:

Salad:

- 1 cup shredded green cabbage
- 1 cup shredded red cabbage
- 2 cups shredded Brussels sprouts
- 11/2 cups shredded carrots
- 5 ounces Simply Nature Organic Arugula and Spinach mix, packed
- 1 cup cooked Simply Nature Organic Quinoa
- 1/2 cup Southern Grove Chopped Pecans, toasted
- 1/2 cup Southern Grove Dried Cherries

Pesto:

- 1 cup parsley, packed
- 3 cloves garlic
- 1/2 cup Southern Grove Chopped Pecans, toasted
- 1/2 cup fresh lemon juice
- 1 tablespoon lemon zest
- 11/4 teaspoons Stonemill Iodized Salt
- 1/4 teaspoon Stonemill Ground Black Pepper
- 1/2 cup Carlini Pure Olive Oil
- 1/2 cup Carlini Vegetable Oil

Directions:

- 1. In a medium bowl, combine all salad ingredients. Reserve.
- 2. In a food processor or a blender, combine parsley, garlic, pecans, lemon juice, lemon zest, salt and pepper. With food processor running, slowly add oils and blend until smooth.
- 3. Dress salad with desired amount of pesto. Toss until coated.

Tip: Refrigerate any leftover pesto for up to one week, use to marinate chicken. This pesto is so versatile!

