

Pumpkin Pie Smoothie Bowl

- Prep Time: 10 minutes
- Cook Time: 0 minutes
- Total Time: 10 minutes
- Servings: 1



Ingredients:

Smoothie Bowl:

- 1/2 cup Baker's Corner 100% Pure Canned Pumpkin*
- 1/2 cup Friendly Farms Plain Nonfat Greek Yogurt
- 1/2 frozen banana
- 1/2 cup Friendly Farms Unsweetened Original Almondmilk
- 2 teaspoons Specially Selected 100% Pure Maple Syrup
- 1 teaspoon Stonemill Pumpkin Pie Spice*

Optional Garnish:

- Simply Nature Flax Seed
- Southern Grove Chia Seeds
- Baker's Corner Semi-Sweet Mini Morsels
- Southern Grove Chopped Pecans, toasted
- Apple slices
- Simply Nature Organic Ground Cinnamon

***These are Seasonal items that are only in stores for a limited time and may no longer be available.**

Directions:

1. Place all smoothie bowl ingredients in blender and blend until smooth. Transfer to serving bowl.
2. Choose your favorite garnishes and enjoy!



Recipe Courtesy of:
ALDI Test Kitchen