

Sausage and Cheese Egg Bites

- Prep Time: 5 minutes
- Cook Time: 15 minutes
- Total Time: 20 minutes
- Servings: 8



Ingredients:

- Carlini Cooking Spray
- 8 ounces Appleton Farms Pork Sausage Roll
- 8 Golden Large Eggs
- 1/4 cup Friendly Farms Heavy Whipping Cream
- 1/4 teaspoon Stonemill Paprika
- 1/2 teaspoon Stonemill Garlic Powder
- Ground Stonemill Sea Salt Grinder, to taste
- Ground Stonemill Peppercorn Grinder, to taste
- 1 cup Happy Farms Shredded Mild Cheddar Cheese
- 1/2 cup green onion, thinly sliced

Directions:

1. Preheat oven to 375°. Lightly grease a 12-cup muffin tin with cooking spray.
2. In a large nonstick skillet, over medium high heat, cook sausage until browned. Drain fat. Reserve.
3. In a medium bowl, whisk eggs, heavy whipping cream, paprika, garlic powder, and season with salt and pepper. Fold in cooked sausage, cheese, and green onions. Pour mixture into prepared muffin tin.
4. Bake until cooked through and golden, about 15 minutes.
5. Serve and enjoy, or let cool, then store in refrigerator in an airtight container until ready to eat.



Recipe Courtesy of:
ALDI Test Kitchen