

# Snack Dip Trio

- Prep Time: 10 minutes
- Total Time: 10 minutes
- Servings: 10 (2 tablespoons per serving)

## Ingredients:

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### Avocado Arugula Dip:

- 1 avocado
  - 2 cups Simply Nature Organic Arugula
  - 4 cloves garlic
  - 2 tablespoons lime juice
  - 1/4 teaspoon Stonemill Organic Cayenne (optional)
  - 1/2 teaspoon Stonemill Ground Thyme \*
  - 1/4 teaspoon Simply Nature Organic Cumin
  - 1/4 teaspoon Simply Nature Organic Ground Ginger
  - Stonemill Iodized Salt, to taste
  - Stonemill Ground Black Pepper, to taste
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### Directions:

1. In a food processor, combine all the ingredients. Puree until smooth. Season to taste with salt and pepper.

**Tip: Serve with pretzel thins, baby carrots or cucumber slices.**



Recipe Courtesy of:  
ALDI Test Kitchen