

Southwestern Chicken Quesadilla

- Prep Time: 5 minutes
- Cook Time: 16 minutes
- Total Time: 21 minutes
- Servings: 8



Ingredients:

- 6 ounces Lunch Mate Grilled Chicken Strips, chopped
- 15 1/2 ounces Dakota's Pride Black Beans, drained
- 15 1/4 ounces Happy Harvest Whole Kernel Corn
- 5 ounces Simply Nature Organic Baby Spinach, chopped
- 12 ounces Happy Farms Mexican Shredded Cheese
- Carlini Canola Cooking Spray
- 20 ounces Pueblo Lindo Burrito Tortillas

Directions:

1. In a large bowl, combine chicken, black beans, corn, spinach and cheese. Reserve.
2. Heat a large sauté pan over medium-high heat. Lightly spray with cooking spray, add one tortilla to the pan. Place a generous portion of chicken mixture on only half of the tortilla, fold the other half on top. Cook for one minute, turn and cook for an additional minute or until golden brown. Repeat for remaining 7 tortillas.

Tip: Pair with your favorite salsa or sour cream.



Recipe Courtesy of:
ALDI Test Kitchen