

Tropical Superfruit Smoothie

- Prep Time: 5 minutes
- Cook Time: 0 minutes
- Total Time: 5 minutes
- Servings: 1



Ingredients:

- 1½ cups Simply Nature Organic Baby Spinach
- 1 cup Friendly Farms Vanilla Almondmilk
- 1 cup blueberries or Season's Choice Frozen Blueberries
- ¼ avocado
- 1 banana
- ½ cup chopped pineapple

Directions:

1. In a blender, combine spinach and almond milk and blend on high until smooth.
2. Add blueberries, avocado, banana and pineapple and blend on high until smooth.
3. Serve in a chilled glass and garnish with a slice of pineapple.



Recipe Courtesy of:
ALDI Test Kitchen