Vegetarian Ratatouille

Prep Time: 15 minutes
Cook Time: 30 minutes
Total Time: 45 minutes

• Servings: 8

Ingredients:

- 6 tablespoons Carlini Pure Olive Oil
- 1 pound yellow onions, chopped
- 3 cloves garlic, crushed
- 1 pound zucchini, chopped
- 1 pound yellow squash, chopped
- 1 pound green peppers, chopped
- 1/2 pound red bell pepper, chopped
- 1/2 pound yellow bell pepper, chopped
- 1 whole bay leaf
- 1 teaspoon Stonemill Italian Seasoning
- 1 teaspoon Stonemill Red Pepper Flakes
- 1 teaspoon Stonemill Dried Basil
- Stonemill Iodized Salt & Ground Black Pepper, to taste
- 3/4 cup Nature's Nectar Tomato Juice
- 1 pound ripe tomatoes, seeded, skinned & chopped

Directions:

- 1. In one large skillet, heat 2 tablespoons olive oil and sauté onions, 5 minutes.
- 2. Add garlic and reduce heat to low.
- 3. In another large skillet, heat 2 tablespoons olive oil and sauté zucchini until brown.
- 4. Add browned zucchini to skillet with onions and garlic, toss.
- 5. In the now empty skillet, heat 2 tablespoons olive oil and sauté yellow squash until brown.
- 6. Add browned yellow squash to pan with onions, garlic and zucchini.
- 7. Repeat process with all remaining vegetables, except tomatoes.
- 8. When all vegetables are done and in the same skillet increase heat to high.
- 9. Add spices and tomato juice and stir. Bring to slight boil.
- 10. Cook uncovered on low for 20 minutes.
- 11. Add tomatoes and cook 10 minutes.
- 12. Stir and serve.

